
PHOENIX YOGA PUTNEY

Newsletter — April 2026



Welcome to your April 2026 Newsletter!

April brings the Boat Race, the blossoms, and a busy month at Phoenix Yoga Putney. We have a packed schedule of classes, workshops, and community events — read on for everything!

Proud To Be Putney! Onwards and Upwards!!

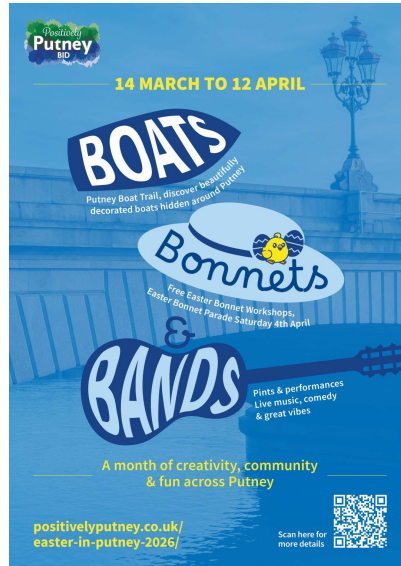
30 Under 30 — Launch!



Aged Under 30? Get your 30% discount on Class Packs & All Memberships!

Simply send us proof of age to phoenixyogaputney@gmail.com and we'll do the rest.

Spring Into March — Final Results!



Our community yoga challenge is complete! Here are the final standings for Spring Into March:

Position	Name	Classes
■ 1st	Linda S	28
■ 2nd	Charlie	27
■ 3rd	Ali	24
4th	Patty	22
5th	Marcus	21
6th	Sumin	20

Pulse Club — Coming Soon!



Pulse Club — our new neighbour: ice baths and a 20-person sauna!

The signage for our new neighbour **Pulse Club** has gone up this week. Our old studio space is now home to ice baths and a 20-person sauna — Pulse are on course for their opening very soon!

Workshops — April

Annual and monthly members get a 20% discount on all workshops!

Workshop	Date
Headstand Lab	Sunday 12 April
Kirtan	Saturday 18 April
Solas Circle	Sunday 19 April
Bareface Yoga with SueYen	Saturday 25 April



Community Corner





EASTER BONNET PARADE
Saturday 4 April 11am, in Church Square
 Prizes to be won, everyone welcome.

FREE EASTER BONNET WORKSHOPS
Drop in sessions:
Saturday 14 March 2-4pm
 Putney Library
Saturday 21 March 11-1pm
 Putney School of Art & Design
Saturday 28 March 12.30-2.30pm
 Strand Art School at St Mary's Church
Sunday 29 March 11-3pm, Putney Exchange
Book on eventbrite via the QR code:
Sunday 15 March 2-4pm
 Ark-K, Felsham Road
Sunday 22 March 2-4pm
 Ark-K, Felsham Road
Saturday 28 March 1-3pm
 The Art Loft above Gail's

BANDS

PINTS & PERFORMANCES
Saturday 14 March 12pm
 Prince of Wales – St Patricks Irish Dancing
Tuesday 17 March 7pm
 East Putney Tavern – St Patricks Day Live
 Irish Band Thumping Tommys
Tuesday 17 – Saturday 21 March 7.45pm
 Putney Arts Theatre – You Stupid Darkness!
Friday 20 March 10pm
 Putney Pies – DJ Trevor Flung (Ibiza)
Friday 27 March 9.30pm
 The Railway – Live Music
Saturday 28 March 10pm
 Le Fez – Old School Bangers
Friday 2 April midday
 The Half Moon – Pre-Boat Race Party
 Live Music and DJ's
Saturday 4 April 10pm
 Le Fez – Boat Race After Party
Wednesday 8 April 7pm
 The Railway – Side-splitting Comedy
Friday 10 April 9pm
 East Putney Tavern – Live Music

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BUNNY **EGG** **CHICK** **PRINT**
CROSS **SPRING** **TULIP** **EASTER**
BUTTERFLY **BONNETS** **CHOCOLATE** **CAKE**
SHROTT **BOATS** **BANDS** **JAR**



14 MARCH TO 12 APRIL

BOATS
 Putney Boat Trail, discover beautifully decorated boats hidden around Putney

Bonnets
 Free Easter Bonnet Workshops
 Easter Bonnet Parade Saturday 4th April

& BANDS
 Pints & performances
 Live music, comedy & great vibes

A month of creativity, community & fun across Putney

[positivelyputney.co.uk/easter-in-putney-2026/](https://www.positivelyputney.co.uk/easter-in-putney-2026/)

Scan here for more details

Details inside

Boats, Bonnets & Bands Festival — Putney celebrates!

April means Boat Race season in Putney! Join the community celebrations with the annual **Boats, Bonnets & Bands** festival. We are proud to be part of this wonderful Putney community.

For questions or requests email info@phoenixyoga.co.uk

Proud To Be Putney!